ABSTRACT
Bright students are leaving Science, Technology, Engineering and Math (STEM) programs. In the landmark study, "Talking About Leaving", Seymour and Hewitt suggest that each institution should examine its own set of factors as to why students leave these programs, and then take appropriate action. Previous research has identified multiple reasons for the student retention problem including attitudes toward the engineering field, student’s self-confidence levels, quality of instructor interactions, and robustness of the STEM curriculum: for example engineering in comparison to other non-STEM majors such as liberal arts or business. Engineering student attrition due to poor attitudes, perceived coursework difficulty, and departmental polices that effect this behavior are clearly concerns for engineering institutions.

Lovitts (2001) suggests that more standardized quantitative measures for departmental environments need to be created, and more appropriate quantitative measurements need to be applied to studying STEM student attrition. There is a need to conduct objective longitudinal studies that prevent attrition as opposed to the subjective retrospective studies done in the past. This study demonstrates a methodology that will begin to fulfill this need. The Statistical Evaluation of Cognitive Turnover Control System (SECtCS) methodology was designed to perform objective longitudinal studies on turnover and is founded on Industrial Engineering principles of statistical process control, Engineering Management theories on motivation, and Industrial Psychology test instrument development techniques. This paper reports the results of a study conducted at the University of Nebraska-Lincoln that used this methodology to evaluate measures affecting sophomore engineering students’ attrition. Results presented on the first two phases of this methodology demonstrate how burnout and turnover measures affect attrition in the College of Engineering & Technology (CoE&T) at the University of Nebraska-Lincoln (UNL) and may point to interventions that show promise in reducing engineering student attrition.

INTRODUCTION
Academic organizations spend millions of dollars each year to recruit students to the STEM majors. The National Science Foundation and other organizations have allocated funds to increase the enrollment of STEM students. This research, if proven valid, may be applied to the efforts to reduce the turnover of students leaving this field and allow money spent by academic organizations to be better utilized in the retention effort. Administrators may be able to avoid negative consequences to universities and students by identifying the STEM students who are experiencing high levels of Cognitive Turnover.
Jones (2001) defined Cognitive Turnover (CT) as a mind-set that is created by a combination of turnover cognitions brought about by the negative impacts of burnout. Turnover is the voluntary cessation of membership in an organization by an individual who receives current or future compensation for participating in that organization (Mobley 1982). Turnover has cognitive indicators that predicate eventual departure. Chemiss (1980) defines burnout as “a syndrome of inappropriate attitudes toward others and toward self often associated with uncomfortable physical and emotional symptoms” Maslach (1976) observed that burnout “appears to be a factor of organizational turnover, absenteeism, and low morale.

While everyone may manifest this mind-set periodically, excessive CT (eCT) may be detrimental to the individual and the organizations they belong to. Subtle acts such as absenteeism, poor quality, and lack of discretionary effort are related to burnout and are usual predecessors before a person quits an organization and becomes another turnover statistic. This research theorizes that eCT condition occurs when a person is absorbed with the thoughts of turnover created by organizationally driven burnout. For engineering students non-committal type behavior may originate from student stress and burnout created by class structure, administrative neglect, or lack of advisory support. Hence, an eCT will have lower than expected grades and experiences due to the lack of commitment.

**SECtCS BACKGROUND**

The Statistical Evaluation of Cognitive Turnover System (SECtCS) methodology was created by the primary investigator (Jones 2001) and was previously used to measure and evaluate Cognitive Turnover (CT) in engineering knowledge workers. The results demonstrated four valid constructs for a heterogeneous group of engineers across multiple companies. Results also included Statistical Process Control Charts that demonstrated both “in control” CT respondents and “out of control” CT, or eCT respondents. The SECtCS methodology is grounded in three research areas, Industrial Engineering (IE), Engineering Management (EM), and Industrial Psychology (IP). The three research areas provide important aspects to the methodology and are uniquely integrated. Figure 1 shows the SECtCS methodology and the integration of the research areas.

Fig 1: SECtCS Methodology
Industrial Engineering provides process thinking, scientific management, and statistical process control techniques. Process thinking involves looking at challenges such as student actions and behavior prior to attrition as a process. Traditionally, processes are broken down into steps then documented using standard process mapping symbols. Using such documentation tools as process maps, process flow charts and fishbone diagrams; organizations can brainstorm steps that may lead to engineering student attrition in their institutions. Scientific Management, originated by Frederich Taylor, traditionally measures work components of hourly workers in order to improve their work output. The exact concepts of scientific management can not be applied for knowledge workers or students because the work is not physical but mental. The work content deals with knowledge transfer and creation but the scientific management theme of producing quantifiable outputs is still valuable. The influence of scientific management on this methodology is that it seeks to measure performance by scoring behavioral indices. Statistical Process Control (SPC) is a technique that allows for statistical evaluation of performance and performance variability. The use of SPC allows organizations to evaluate current attrition performance and determine the organization’s current capability for improvement, then determine if solutions were successful in improving performance. Moreover, IE uses advanced statistics for data-fitted modeling including multiple regression techniques.

Engineering Management (EM) provides the background for measuring organizationally controllable aspects that can be affected with organizational behavior techniques. Previous studies and results in measures that influence turnover and dissatisfaction can be used and improved upon. EM research has explored the use of motivation techniques, team approaches, and group behavior in order to improve performance on retention. By focusing on measures that can be affected by organizational behavior and not on measures that organizations can not affect, the methodology may produce solutions that colleges can implement to improve student retention.
Industrial Psychology (IP) provides the test development groundwork for measuring respondents’ cognitive behavior. The behavior questionnaire development method, including the internal consistency measurement technique that uses Cronbach’s alpha is commonly used in IP. All three research areas have overlap in measuring the effects of burnout and job satisfaction on motivation and turnover and integral in integrating the SECTCS methodology. All research areas adhere to the basics of testing hypotheses within different areas of the methodology.

Most undergraduate engineering students are susceptible to quitting engineering programs in the first two years of the program (Feldman 1998). Because of this fact, the test populations for this research were engineering students who are in the first two years of their engineering programs. This would include undergraduates that are 2nd semester freshmen, and 1st and 2nd semester sophomores. This study’s test population consisted of 1st semester sophomores.

The objective of this study is to use the SECTCS methodology as a tool to identify students with eCT and identify measures that lead to student attrition. The central hypotheses tested are which measures of CT are valid for sophomore engineering students in the CoE&T at the University of Nebraska, and what is the magnitude of those measures. The process involved questionnaire development and regression model development which is explained using descriptive statistics. Lessons learned and future opportunities for usage of the proposed methodology are discussed. This information can be used for future research that may help reduce STEM student attrition.

**RESEARCH METHODOLOGY**

There are 6 phases of the SECTCS methodology. This paper focuses on the first two. The 6 Phases of the SECTCS methodology are displayed in Figure 2.

**Figure 2: 6 Phases of the SECTCS Methodology**

1. **PHASE 1 – DEVELOP TEST INSTRUMENT** – Develop a customized test instrument (questionnaire) for the knowledge worker population, administer the questionnaire, and collect and record scores. Conduct reliability testing on the questionnaire. This testing continued until the questionnaire was reliable. (SECTCS Analyzer)
2. **PHASE 2 – DEVELOP MATHEMATICAL MODEL** – Use the data collected in phase 1 and incorporate it into a mathematical model to give a valid CT index score. (SECTCS Modeler)
3. **PHASE 3 – (Not in study) STATISTICAL PROCESS CONTROL CHARTS** – Use data from the model developed in phase 2 for the statistical measurement of individuals with respect to all respondents and identify at-risk CT index scores. (SECTCS Evaluator-i) Establish a tracking mechanism for “at-risk,” and “low-risk” respondents. The respondents are required to retake the questionnaire every 3 months in order to monitor changes. They will also report if they become actual turnover.
4. **PHASE 4 (Not in study) – INTERVENTION** – Educate, implement, monitor and develop solution. (SECTCS intervention)
5. **PHASE 5 (Not in study) – INTERVENTION MEASUREMENT** – Re-measure the respondents after they have been subject to the intervention and compare to the results of phase 3. (SECTCS Evaluator-r)
6. **PHASE 6 (Not in study) – RESULTS OF INTERVENTION** – Document the results and conclusions and add to solutions database
PHASE 1 TEST INSTRUMENT DEVELOPMENT (SECTCS questionnaire)

The summated rated scale methodology was used to create the SECTCS questionnaire. Its invention is attributed to Rensis Likert (1932), who described this technique for the assessment of attitudes. These scales are widely used across the social sciences to measure attitudes and descriptions of people’s lives. Summated rated scales have good psychometric properties; and are well-developed scales that have good reliability and validity. A well-devised scale is usually quick and easy for respondents to complete and typically does not induce complaints. The questionnaire was developed using questions that have been shown to measure burnout constructs and turnover constructs. Multiple questions designed to measure responses are grouped into constructs, or measurable variables.

SECTCS Constructs

Burnout is commonly assessed using the Maslach Burnout Inventory (MBI) (Maslach and Jackson 1981). The MBI is a widely accepted questionnaire for numerous burnout studies that have been proven both reliable and valid in these studies. It generally measures 3 constructs; depersonalization, personal achievement, and emotional exhaustion, which relate burnout to the respondents’ physical well-being. See Exhibit 1 for a description of burnout constructs.

Turnover refers to students who voluntarily exit an organization within a particular period of time, usually not less than 1 year. Because of time and sampling constraints, it has been difficult for organizations to measure turnover, also called attrition. Previous research has shown that certain job-related factors, or constructs, have been demonstrated to be correlated with employee attrition. Such measures are useful in the context of studying retention-related interventions because they may provide specific measurement on related items so results can be determined over relatively short periods of time. The 8 main constructs related to turnover are general satisfaction with engineering major, goals, comfort, challenge, future financial rewards, relationships, resource adequacy, and perceived ability to get a job. See Exhibit 1 for a description of turnover constructs.

<table>
<thead>
<tr>
<th>Cognitive Turnover Determinant</th>
<th>Construct</th>
<th>Construct Definitions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Burnout</td>
<td>Depersonalization</td>
<td>Distancing oneself from others</td>
</tr>
<tr>
<td>Burnout</td>
<td>Personal Accomplishment</td>
<td>Performing well on things that matter</td>
</tr>
<tr>
<td>Burnout</td>
<td>Emotional Exhaustion</td>
<td>Ability to cope in high stress situations</td>
</tr>
<tr>
<td>Turnover</td>
<td>Overall Major Satisfaction</td>
<td>Satisfaction with engineering major that determines turnover</td>
</tr>
<tr>
<td>Turnover</td>
<td>Goals</td>
<td>Feeling that goals are attainable and have meaning</td>
</tr>
</tbody>
</table>

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This study used the SECTCS questionnaire developed by Jones (2001). The foundations for the SECTCS questionnaire were questionnaires that have been proven valid and reliable from previous studies. The Minnesota Satisfaction Questionnaire, MSQ (Lofquist and Dawesl, 1967), is one of the most widely used measures of organizational satisfaction. The Facet-Specific Job Satisfaction Questionnaire, FSJSQ, (Cook, Hepworth, Wall, and Warr, 1989), is commonly used in measuring specific organizational satisfaction items. The items, each measuring a “facet” as indicated in the scale’s title, were previously used in a 1973 survey, and a similar measure was employed in 1969 (Cook et al., 1989). The reason both were used is that one measures general organizational satisfaction, while the other measures constructs related to satisfaction but not specifically organizational satisfaction as a whole. This research theorizes that low engineering college satisfaction leads to attrition or cognitive turnover if leaving is not considered a viable option.

### Reliability and Validity

A test instrument or questionnaire, if reliable, will give similar results when different people administer it or when alternate forms are used. Coefficient alpha (Cronbach, 1951) is a measure of internal consistency of a scale. The values of coefficient alpha are positive, taking values from 0 to 1.0, where larger values indicate higher levels of internal consistency. Nunnally (1978) and Spector (1992) provide an accepted rule of thumb that coefficient alpha should be at least 0.70 for a scale to demonstrate internal consistency. Coefficient alpha, commonly referred to as Cronbach’s alpha, reflects internal-consistency reliability for the constructs in this study.

It is not only necessary that an instrument be reliable, it must also be valid. Validity indicates that an instrument measures what it is intended to measure. Verification validation is defined as the process of ensuring that a model represents reality at a given confidence level. This means that the mathematical model created should attempt to be a reasonable representation of reality. In this study the regression model attempts to score the level of CT. The inability of a model to represent reality may result from omissions such as poor assumptions, simplifications, oversights, and limitations. There are two major types of validation: face validity and statistical validity. Face validity means that the model, at least on the surface, represents reality. Face validity is normally achieved with the assistance of a sample group of students for clarity.
Statistical validity involves objective and quantitative comparisons between the actual measured values and the regression model. (Chung 2003).

The coefficient of determination, R square, is commonly used in research to measure the goodness of fit for regression models. It can also be used as the proportion of variation in the dependent variable “explained” by the model. In general higher the R square, is the more acceptable, the model. Stepwise regression was used at an alpha level of 0.05 for our regression analysis. The final regression model was evaluated using R square for the models ability to determine future CT index scores from the questionnaire.

PHASE 1 RESULTS
The present study consisted of a survey conducted at the University of Nebraska in Fall 2004 investigating the CT index levels for sophomore engineering students. Respondents were asked to score their level of CT on a scale from 1 to 10 after they were given descriptions on the levels of CT. Respondents were assured that their answers would remain anonymous. Next, respondents were asked to rate the level of influence of each factor on a scale of 1 (strongly agree) to 5 (strongly disagree) on statements that indicated how they felt about their situation. An example was “My College is concerned about giving everyone a chance to perform well.” On specific job satisfaction questions the scale of 1 to 5 represented 1 (very dissatisfied) to 5 representing (very satisfied). An example was, “In my engineering college, how do I feel about my potential for getting a job in the future.” The mean values were calculated for each sub-scale and the overall scale.

TEST POPULATION STATISTICS
A study sample of more than 200 sophomore engineering students at UNL was taken. The questionnaires were distributed to the engineering students in a required sophomore seminar course. The test population consisted of respondents who were classified as sophomore engineering students enrolled at UNL in the fall of 2004. Respondents were chosen and questionnaires were collected over a 1-month time period. All participants voluntarily filled out a questionnaire. A total of 200 engineering students were asked to participate in this study. Surveys with incomplete responses were deleted. A sample of 130 questionnaires was returned; each representing an individual engineering student. The response rate was 65 percent. In order to examine the data for normality, skewness, and kurtosis; tests were performed and destructive outliers from incomplete surveys were excluded reducing the sample to 127.

Exhibits 2A and 2B contain statistics on ages of respondents and percent of men and women.

**Exhibit 2A. (Statistics of Respondents)**

<table>
<thead>
<tr>
<th>Category</th>
<th>Mean</th>
<th>Std Dev</th>
<th>Min</th>
<th>Max</th>
<th>Number of participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (Years)</td>
<td>20.59</td>
<td>3.87</td>
<td>19.00</td>
<td>42.00</td>
<td>127</td>
</tr>
<tr>
<td>GPA</td>
<td>3.54</td>
<td>0.87</td>
<td>2.00</td>
<td>4.00</td>
<td>127</td>
</tr>
</tbody>
</table>
The respondents’ average age varied from 19 to 42 with a mean age of 20. The GPA ranged from 2.0 to 4.0 with a mean of 3.54. In the study there were 12 females, which represented almost 10 percent of the test population.

The questionnaire was developed using questions from the SE CtCS questionnaire which was developed from the MBI, MSQ and the FS JSQ, resulting in 109 items measuring 11 constructs for CT.

These questions were drawn from earlier questionnaires in order to yield a simple instrument that was easy to administer. Applicability to the engineering students was a primary criterion for question selection. The initial version of the questionnaire and rating scale was pilot tested and critiqued by other researchers and undergraduate students. After feedback from other researchers, ambiguous or confusing items were identified and eliminated. Using SPSS, the data were analyzed to determine the main effects and interactions between the different constructs and CT classifications. An analysis of reliability for each construct was done to reduce the number of questions and provide a satisfactory internal consistency score determined by the Cronbach’s alpha. After the elimination of confusing questions, an item factor analysis was performed using Cronbach’s alpha and the initial 109 question questionnaire was reduced to 62 questions.

### Exhibit 3A. (CT Statistics)

<table>
<thead>
<tr>
<th>Category</th>
<th>Mean</th>
<th>Std Dev</th>
<th>Min</th>
<th>Max</th>
<th>Number of participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>CT Score</td>
<td>4.0244</td>
<td>2.2415</td>
<td>1</td>
<td>9</td>
<td>41</td>
</tr>
</tbody>
</table>

The construct reliability coefficient, Cronbach’s alpha, was determined for each construct. Questions were deleted in order to attain a desirable coefficient alpha for each of the eleven constructs. Items were successfully deleted from constructs from the original set, in order to improve reliability. The final questionnaire was reduced from 105 questions to 62 questions. This included 4 to 10 questions from each of the 11 constructs. The results are shown in Exhibit 4A.

### Exhibit 4A. Revised Coefficient Alpha

<table>
<thead>
<tr>
<th></th>
<th>Initial no of questions</th>
<th>Revised no of questions</th>
<th>Revised Cronbach’s Alpha</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depersonalization</td>
<td>5</td>
<td>4</td>
<td>0.548</td>
</tr>
</tbody>
</table>
The mean value for each construct of turnover and burnout was determined. The mean test scores from the questionnaire constructs were calculated from the values attained from the responses to questions. Some questions were reverse scored, meaning “1” represented very satisfied and “5” represented not very satisfied and “1” represented strongly agree and “5” representing strongly disagree as opposed to the opposite. This required the reverse scored questions to be transposed for consistent scoring. The mean value and standard deviations are listed in Exhibit 5A.

<table>
<thead>
<tr>
<th>Construct</th>
<th>Mean</th>
<th>Std Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depersonalization</td>
<td>3.04</td>
<td>0.42</td>
</tr>
<tr>
<td>Emotional Exhaustion</td>
<td>2.94</td>
<td>0.37</td>
</tr>
<tr>
<td>Personal Achievement</td>
<td>2.93</td>
<td>0.41</td>
</tr>
<tr>
<td>Major Satisfaction</td>
<td>3.04</td>
<td>0.42</td>
</tr>
<tr>
<td>Challenges</td>
<td>2.65</td>
<td>0.37</td>
</tr>
<tr>
<td>Comfort</td>
<td>2.88</td>
<td>0.47</td>
</tr>
<tr>
<td>Financial Assistance</td>
<td>2.62</td>
<td>0.39</td>
</tr>
<tr>
<td>Goals</td>
<td>3.23</td>
<td>0.30</td>
</tr>
<tr>
<td>Perceived Ability to Graduate</td>
<td>2.46</td>
<td>0.47</td>
</tr>
<tr>
<td>Relationship with other students</td>
<td>2.80</td>
<td>0.42</td>
</tr>
<tr>
<td>Resources</td>
<td>2.57</td>
<td>0.46</td>
</tr>
</tbody>
</table>

Note: These scores are measured on a 5-point Likert scale with 1 representing not very satisfied and 5 representing very satisfied or 1 representing strongly disagree and 5 representing strongly agree.

**PHASE 2 - MATHEMATICAL MODEL DEVELOPMENT (SECTCS Model)**

Multiple linear regressions were used to develop the SECTCS model. They were performed using the stepwise method for each of the different independent variables. The model was
examined to ensure no violations of assumptions occurred including multi-collinearity and heteroscedacity.

**Dependent Variables**

The dependent variables were the test subject’s Cognitive Turnover classifications and scores. Cognitive Turnover (CT) was the only dependent variable being measured and its scores ranged from 1 to 10. Respondents were given both a verbal and written description of the CT and the levels of CT. Next they were asked to classify themselves as a CT or non-CT and score their level of CT on a scale from 1 to 10 for the study. A description of each range is given in Exhibit 6A below.

**Exhibit 6A**

<table>
<thead>
<tr>
<th>Score</th>
<th>CT</th>
<th>Considering Leaving</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-2</td>
<td>No</td>
<td>No</td>
<td>Not burned out</td>
</tr>
<tr>
<td>3-4</td>
<td>No</td>
<td>Occasionally</td>
<td>Light burnout</td>
</tr>
<tr>
<td>5-7</td>
<td>Yes</td>
<td>Open for other majors</td>
<td>Medium to High</td>
</tr>
<tr>
<td>8-10</td>
<td>Yes</td>
<td>Strongly considering other majors</td>
<td>High</td>
</tr>
</tbody>
</table>

Note: CT scores range from 1 to 10, with 1 representing low level of Cognitive Turnover and 10 representing high levels of the CT.

**Independent Variables**

The turnover and burnout constructs measured on the questionnaire were the independent variables that were used to determine the dependent variable, or the CT index.

**REGRESSION MODEL RESULTS**

The result of the regression analysis is shown on the ANOVA table. The ANOVA results are shown in Exhibits 7A and 7B.

**Exhibit 7A. Multiple Regression Revised Results**

<table>
<thead>
<tr>
<th>Variable</th>
<th>DF</th>
<th>Sum of Squares</th>
<th>Mean of Squares</th>
<th>F-Value</th>
<th>Signif F</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regression</td>
<td>11</td>
<td>71.506</td>
<td>6.501</td>
<td>1.456</td>
<td>0.202</td>
</tr>
<tr>
<td>Residual</td>
<td>29</td>
<td>129.470</td>
<td>4.464</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>40</td>
<td>200.976</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Exhibit 7B. Final Variables in the Equation**

<table>
<thead>
<tr>
<th>Variable</th>
<th>B</th>
<th>SE B</th>
<th>Beta</th>
<th>T</th>
<th>Sig T</th>
</tr>
</thead>
</table>

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Emotional Exhaustion  -0.833  1.423  -0/137  -0.586  0.563  
Personal Achievement  1.485  1.172  0.270  1.268  0.215  
Depersonalization  -1.869  1.022  -0.348  -1.829  0.078  
Goals  2.558  1.442  0.344  1.774  0.087  
Comfort  0.035  1.241  0.007  0.028  0.978  
Challenges  1.873  1.600  0.309  1.171  0.251  
Financial Assistance  -0.027  1.696  -0.05  -0.016  0.987  
Relationship w other students  -0.446  1.650  -0.84  -0.270  0.789  
Resource Adequacy  0.662  1.726  0.137  0.383  0.704  
Perceived ability to graduate  1.611  1.538  0.337  1.048  0.303  
Major satisfaction  -0.223  0.590  -0.285  -0.377  0.709  
(CONSTANT)  -3.483  5.036  -0.692  0.495  

Final Mathematical Model (SECtCS Model)
All of the variables / constructs had a significant effect on the CT index. Goals, Challenges, Depersonalization, Perceived ability to graduate and Personal Achievement were the most significant for engineering students in our study.

From our study the mathematical model for predicting CT for engineers was given by the following equation.

\[ F(x) = -0.833(\text{Emotional Exhaustion}) + 1.485(\text{Personal Achievement}) - 1.869(\text{Depersonalization}) + 2.558(\text{Goals}) + 0.035(\text{Comfort}) + 1.873(\text{Challenges}) - 0.027(\text{Financial Assistance}) - 0.446(\text{Relationships with other students}) + 0.662(\text{Resource Adequacy}) + 1.611(\text{Perceived Ability to Graduate}) - 0.223(\text{Major satisfaction}) - 3.483 \] …………(1)

The function F(x) will be a number between 1 and 10. Scores that are approximately 1-4, represent low cognitions to leave and generally low burnout indications. Scores 5-8 represent moderate burnout and leaving cognitions. Scores 9 and above, represent eCT which may lead to detrimental burnout if departure is not eminent. (Refer back to Exhibit 6A for chart)

The following table exhibits the five most valid constructs for the model and describes the impact of each construct on the model.

Exhibit 8. Model Translation Description
<table>
<thead>
<tr>
<th>Construct</th>
<th>What it measures</th>
<th>Type of Effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goals</td>
<td>Feeling that goals are attainable and have meaning</td>
<td>Largest direct impact on CT. If you set unreasonable goals you will have a high CT index score</td>
</tr>
<tr>
<td>Challenges</td>
<td>Feeling that the classes is not boring and has reasonable challenges</td>
<td>Direct impact on CT. If you feel the school work is too challenging then you will have a higher CT index score</td>
</tr>
<tr>
<td>Depersonalization</td>
<td>Distancing oneself from others</td>
<td>Has largest OPPOSITE effect on CT. If you feel that you are involved as part of the team you will have a lower CT index score</td>
</tr>
<tr>
<td>Perceived Ability to Graduate</td>
<td>Opportunity for good to fair chance to graduate</td>
<td>Has direct effect on CT. If you believe you can graduate you will have a higher CT index score</td>
</tr>
<tr>
<td>Personal Achievement</td>
<td>Performing well on things that matter</td>
<td>Has direct effect on CT. This means if you believe you perform well your CT index score will be higher</td>
</tr>
</tbody>
</table>

**STUDY LIMITATIONS**

Some limitations to this research were the sample size and questionnaire biases. This study used only 130 engineering students at UNL. This should be taken into account when utilizing the model for possible sample bias when using the questionnaire and model. Currently, more populations are being targeted for further validation of the mathematical model. Also, questionnaire biases can occur when implementing the testing of the questionnaire. Respondents may not answer the questionnaire honestly if they feel threatened by what will happen if they score on the high end of the index. The researchers recommend utilizing tools such as a digital simulator or online questionnaire software to offset some of the fears of being identified and the possible ramifications attached. Future research will include the development of a Manager’s checklist which will allow managers to observe specific behaviors enabling the manager to score the employee for CT. You may also contact the researchers for the latest index scoring model.
RESULTS AND DISCUSSION

Our findings yielded several lessons learned and recommendations. First, engineering students, which represent future knowledge workers, motivations are hard to measure, but measurement is crucial so that engineering colleges can assist the students in graduating. The direct and indirect costs of losing engineering students directly impact engineering colleges and the nation’s productivity.

Second, analyses of the empirical data on the CT indices presented here suggest that administrations need to focus their current practice away from solely financial measures and toward providing goal management, training in handling a challenging curriculum, reduce isolated tasks that cause depersonalization and increase team activities, evaluate graduation perceptions, increase recognition of personal achievement, and promote the future job opportunities with an engineering degree. The high measure of depersonalization may suggest that when students perform traditional class work that consists isolated tasks that they may tend to have a higher CT index. The faculty may be able to improve this component with team-based tasks. Personal achievement on CT indices suggests that recognition of knowledge workers can have a strong effect on CT. The other two significant variables were the perceived ability to graduate and challenges. This may not be under the direct control of the engineering administration.

One opportunity for improvement that colleges miss is giving feedback to the students. Organizations may consider addressing the problems with performance analysis, identify and provide viable interventions with techniques like benchmarking, and communicate with students about possible solutions. By using the first two phases of the SECTCS methodology, the engineering colleges have a tool for identifying some of the main components of the CT. The first two phases allow the organization to identify the most significant measures of eCT for the chosen group of knowledge workers. The complete methodology, which is not fully presented in this article, is designed to measure relevant components of eCT, re-measure implemented solutions effectiveness, document efforts, and provide feedback. As a result of this study which focused on the measurement phases of SECTCS, the following recommendations are suggested.

1. Educate administration about the burnout and pre-turnover components that may create high CT indices.
2. Educate the administration in how excessive CT can impact the company’s bottom line negatively.
3. Be aware of engineering students who may be demonstrating some of the general symptoms of CT.
4. Have your students take the questionnaire for evaluation of your department’s level of CT.
5. Create an administrative/faculty checklist for the different constructs that will help a administration to identify signs of eCT.
6. Perform, or contact the researchers to perform a study using Phases 1 and 2 of SECTCS methodology.

By implementing Phase 1 and 2 of the methodology the engineering administrator can create an appropriate mathematical model in conjunction with group-specific questionnaires to generally measure the CT level of their engineers. This SECTCS modeler created in Phase 2 can
be utilized to identify unproductive student measures or variables specific to that college. This
group-specific questionnaire and model should be utilized for existing students where the
organizations find it hard to measure but require innovation in order to retain a competitive
advantage. Implementation of other phases of the methodology is not recommended without
further direction from the researchers.

FUTURE WORK
In this study, the first two phases of the SECTCS methodology were used to develop a
questionnaire and a mathematical model for measuring Cognitive Turnover (CT) indices. This
questionnaire was developed for sophomore engineering students at UNL. The results of the
study suggest that the CoE&T at the UNL needs to focus its current practices toward developing
more classroom team activities, increase personal recognition, and market more positive future
opportunities with an engineering degree.
This phase of the research will continue until the students progress to their junior year. Previous research suggests that the last years of engineering programs are when students are
more likely to graduate from the programs. The students will be tracked for a timeframe of 12
months. The students who leave the engineering college will be interviewed and their
questionnaires will be analyzed. The students self-scored CT index score will be compared to
their actual attrition in order to determine a more accurate CT index. Upon completion of the
first two phases of this research, the next phases will be implemented.

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